



## FIT GUIDE

**THIS GUIDE REFERS TO BODY MEASUREMENTS. FOR SPECIFIC STYLE MEASUREMENTS PLEASE USE INDIVIDUAL BRAND STYLE SPECS**

**To Fit** measurements are a guide only.

**To Fit** measurements are body measurements.

**Brand** measurements are garment measurements.

Each brand has specialised measurements per style therefore fit will vary depending on brand and styling.

*A size M will be able to wear a size M across all brands however fit will vary depending on the style of the garment.*

*Please see Brands spec sheets for specific garment measurements.*

### MENS / UNISEX CLOTHING

|                    | XXS   | XS    | S     | M     | L     | XL    | 2XL    | 3XL     | 4XL     | 5XL     | 6XL     | 7XL     |
|--------------------|-------|-------|-------|-------|-------|-------|--------|---------|---------|---------|---------|---------|
| To fit Chest cm    | 81    | 86    | 91    | 101   | 111   | 121   | 132    | 142     | 152     | 157     | 162     | 167     |
| To fit Chest Inch  | 32    | 34    | 36    | 40    | 44    | 48    | 52     | 56      | 60      | 62      | 64      | 66      |
| To fit Waist Inch: | 26-28 | 28-30 | 30-32 | 32-34 | 34-36 | 36-38 | 38-40  | 40-42   | 42-44   | 44-46   | 46-48   | 48-50   |
| To fit Waist cm:   | 66-71 | 71-76 | 76-81 | 81-86 | 86-91 | 91-96 | 96-101 | 101-106 | 106-111 | 111-116 | 116-121 | 121-127 |

### INTERNATIONAL SIZES

|               | XXS | XS | S  | M  | L  | XL | 2XL | 3XL | 4XL | 5XL | 6XL | 7XL |
|---------------|-----|----|----|----|----|----|-----|-----|-----|-----|-----|-----|
| French Sizes  | 38  | 40 | 42 | 44 | 46 | 48 | 50  | 52  | 54  | 56  | 58  | 60  |
| Italian Sizes | 42  | 44 | 46 | 48 | 50 | 52 | 54  | 56  | 58  | 60  | 62  | 64  |
| German Sizes  | 30  | 32 | 33 | 34 | 36 | 38 | 40  | 42  | 44  | 46  | 48  | 50  |
| Netherlands   | 30  | 32 | 33 | 34 | 36 | 38 | 40  | 42  | 44  | 46  | 48  | 50  |
| Spain         | 38  | 40 | 42 | 44 | 46 | 48 | 50  | 52  | 54  | 56  | 58  | 60  |
| USA           | 32  | 34 | 36 | 38 | 40 | 42 | 44  | 46  | 48  | 50  | 52  | 54  |

### LADIES CLOTHING

|                    | 6     | 8     | 10    | 12    | 14    | 16    |
|--------------------|-------|-------|-------|-------|-------|-------|
|                    | XXS   | XS    | S     | M     | L     | XL    |
| To fit Waist Inch: | 22-24 | 24-26 | 26-28 | 28-30 | 30-32 | 32-34 |
| To fit Waist cm:   | 56-61 | 61-66 | 66-71 | 71-76 | 76-81 | 81-86 |

### INTERNATIONAL SIZES

|               | 6  | 8  | 10 | 12 | 14 | 16 |
|---------------|----|----|----|----|----|----|
| FRENCH SIZES  | 34 | 36 | 38 | 40 | 42 | 44 |
| ITALIAN SIZES | 38 | 40 | 42 | 44 | 46 | 48 |
| German Sizes  | 32 | 34 | 36 | 38 | 40 | 42 |
| Netherlands   | 32 | 34 | 36 | 38 | 40 | 42 |
| Spain         | 34 | 36 | 38 | 40 | 42 | 44 |
| USA           | 2  | 4  | 6  | 8  | 10 | 12 |

### CHILDRENS CLOTHING

|             | XXS | XS  | S   | M   | L    | XL    | 2XL |
|-------------|-----|-----|-----|-----|------|-------|-----|
| Chest       | 24" | 26" | 28" | 30" | 32"  | 34"   | 36" |
| Age         | 1-2 | 3-4 | 5-6 | 7-8 | 9-10 | 11-12 | 13  |
| Height (cm) | 90  | 102 | 114 | 126 | 138  | 150   | 156 |

### INTERNATIONAL SIZES

|             | XXS   | XS     | S       | M       | L       | XL      | 2XL     |
|-------------|-------|--------|---------|---------|---------|---------|---------|
| Chest       | 24"   | 26"    | 28"     | 30"     | 32"     | 34"     | 36"     |
| Age         | 1-2   | 3-4    | 5-6     | 7-8     | 9-11    | 12/13   | 14/15   |
| Height (cm) | 80-92 | 98-104 | 110-116 | 122-128 | 134-146 | 152-158 | 164-170 |